

# Poncho Belisama

This poncho can be made with the central twist on the front, or very simply in stocking stitch making it back and front exactly the same way.

## Material :

10 balls of Odin Viking of Norway.

Circular removable needles 6mm and 2 cables of 120cm, or 2 circular needles 6mm.

## Cable needle.

Stitch markers, a row counter, a tapestry or wool needle, measuring tape, scissors, a hook, a piece of cardboard 17cm/15cm.

## Points and abbreviations :

st.: stitch

k : knit

p : purl

m1 : make and knit it on the right side row, purl lit on the wrong side row.

sl: slip the stitch knitwise

Yo : Yarn over.

SKP : slip, knit and pass over.

K2tog: knit 2 stitches together.

R : round or row.

\* ... \*: repeat the pattern between \* and \* as many times as necessary to arrive at the end of the row, the round or the next indication.

(...) x ...: repeat the pattern in parentheses as many times as indicated after the "x".

Twist 1 (T1), over 6 st.: slip 3 st. to cable needle and hold to back, k3, k3 from cable needle.

Twist 2 (T2), over 6st.: slip 3 st. to cable needle and hold to front, k3, k3 from cable needle.

Gauge (10cm/10cm, stocking stitch) :14st/18r.

Size of the finished work: width from one shoulder to the other 64cm, height (excluding fringes), 64cm, sleeve length: 47cm, suitable for women size L.



## Work :

### Back side: Cast on 40st.

R1(right side row):sl1, \*1Yo,k2,bind off the Yo over the 2 knit stitches\*,finish with k1.

R2, 4, 6, 24, 26, 28, 30, 32, 34, 36, and 38(wrong side rows): sl1,\*p\*,finish with k1.

R3 and 5:sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, \*1Yo,k2,bind off the Yo over the 2 knit stitches\*, 2st before the end of the row: 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R7, 9, 11, 15, 17, 19, 21, 23, 25, 27, 29, 31, 33, 35 and 37: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3,\*k\*, 8st before the end of the row: (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R8, 10, 12, 14, 16, 18, 20 and 22: sl1, p8, m1, \*p\*,9st before the end of the row: m1, p8, k1.

When you start row 39, knit all right side rows and purl all wrong side rows, to a total length of 66cm.

At 66 cm, put a stitch marker at 29 stitches, count 34 stitches, put a second stitch marker, 29 sts remain after this second stitch marker. Leave these stitches on the cable or the first set of 6mm needles.

Go to the front side or, if you want a poncho without twist, make a second time this back for the front.

### Front side: Cast on 40st.

R1(right side row):sl1, \*1Yo,k2,bind off the Yo over the 2 knit stitches\*,finish with k1.

R2, 4, and 6(wrong side rows): sl1, \*p\*, finish with k1.

R3 and 5: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, \*1Yo,k2,bind off the Yo over the 2 knit stitches\*, 2st before the end of the row: 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R7: 1mg, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3,\*k28\*,(1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R8, 10, 12, 14, 16, 18, 20 and 22: sl1, p8, m1, \*p\*, 9st before the end of the row: m1, p8, k1.

R9: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3,\*k30\*,(1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R11: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over

the 2 knit stitches)x3,k2, p1, k9, T1, T2, k9, p1, k2, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R13: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k4, p1, k6, T1, k6, T2, k6, p1, k4, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R15: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k6, p1, k3, T1, k12, T2, k3, p1, k6, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R17: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k8, p1, T1, k18,T2, p1, k8, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R19: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k10, p1, k9, T1, T2, k9, p1, k10, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R21: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k12, p1, k6, T1, k6, T2, k6, p1, k12, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R23 : sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k14, p1, k3, T1, k12, T2, k3, p1, k14, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R24, 26, 28, 30, 32, 34, 36, and 38 (wrong side rows) :sl1, knit all the following stitches as they are and finish with k1.

R25: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k15, p1, T1, k18,T2, p1, k15, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R27: 1mg, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k16, p1, k9, T1, T2, k9, p1, k16, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R29: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k17, p1, k6, T1, k6, T2, k6, p1, k17, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R31: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k18,p1, k3, T1, k12, T2, k3, p1, k18, (1Yo,k2,bind off the Yo over the 2 knit stitches )x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R33: sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k18, p1, T1, k18,T2, p1, k18, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R35 : sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k20, p1, k9, T1, T2, k9, p1, k20, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R37 : sl1, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, (1Yo,k2,bind off the Yo over the 2 knit stitches)x3, k21, p1, k6, T1, k6, T2, k6, p1, k21, 1Yo,k2,bind off the Yo over the 2 knit stitches)x3, 1Yo, k1, m1, bind off the Yo over the 2 knit stitches, finish with k1.

R39 : k2, m1, k28, p1, k3, T1, k12, T2, k3, p1, k28, m1, k2.

R40 and all the next wrong side rows: purl all the stitches

R41 : k2, m1, k29, p1, T1, k18, T2, p1, k29, m1, k2. (96st.)

R43: k32, p1, k9, T1, T2, k9, p1, k32.

R45: k32, p1, k6, T1, k6, T2, k6, p1, k32.

R47: k32, p1, k3, T1, k12, T2, k3, p1,k32.

R49:k32, p1,T1, k18, T2, p1, k32.

Repeat 8 rows from 43 to 50 until piece measures 64 cm.

Make the decreases in the 2 right side following rows : knit 2 st and make a SKP, and 4 stitches before the end of the row : K2tog and finish with k2. It's a total decrease of 4st. Thus we arrive at 66 cm in total height and 92 st. Put the markers and proceed as for the back.

Make a « sew » for the shoulders in binding off with 3 needles ([use the tutorial there](#)) with the 2 sections of the 29 meshes put back to back on the reverse, bring in the threads. There remain 34 sts on the front and 34 sts on the back, put them on a single circular needle, knit the collar.

### Collar: (knits in round) :

Knit together the last stitch of the back and first piece of the front piece, then k2, p3, after that, repeat: \* k3, p3 \*, taking care to knit together the last stitch of the front piece and the first stitch of the back part (either purl or knit to respect the rhythm k3, p3), and go until the end of the round. Put the stitch marker.

Then always repeat the following round: \*k3, p3 \*, up to 26cm high. Bind off very flexibly.

### Sleeves :

Pick up 134st. (Taking care to pick up 67 stitches on the front and 67 on the back), starting from row 38 of the front.

Knit these 134st. On the right side row and purl them on the next wrong side row.

Then knit :

Every right side rows: k2, SKP, knit all the following stitches and when there are only 4 sts

left, do K2tog and finish with k2.

Every wrong side rows: purl all stitches.

Continue like this up to 23 cm long (measure in middle of sleeve, at shoulder seam.), And work in round, making 1 round as the row and 1 round knitting all stitches. Alternate these 2 rounds until the sleeve is 45 cm long and you have 48 stitches on the circular needle.

Then knit:

1 round: \*1Yo,k2,bind off the Yo over the 2 knit stitches\*,

1 round: k48

1 round: k1, \*1Yo,k2,bind off the Yo over the 2 knit stitches\*,finish with k1.

1 round: k48

1 round : \*1Yo,k2,bind off the Yo over the 2 knit stitches\*,

1 round: k48

Bind of the stitches flexibly.

Do the second sleeve the same way.

### Finishes:

If you wish, you can put fringe:

Take the cardboard, make fringes 34 cm long (by winding the thread in the direction of your cardboard which is 17 cm high), insert the fringes 2 by 2 using the hook on the bottom of Your work, if you have taken a striated wool, respect the lines of color and coordinate the color of your fringes, the result will be harmonious. Tuck in the other threads and cut them flush. Gently iron your fringes and your work to shape it. If necessary, adjust the length of the fringes. Wear!!!!